



Stephensen's Running Eagles



Fall running club will begin on Tuesday, September 3rd and go until November 21st. Running club is open to students from 1st to 4th grade. We do welcome kindergarten students with those who have siblings in the club, but a parent must run with the child and supervise. The running eagles will meet every Tuesday and Thursday. We will not have running club the week of parent/teacher conferences. Running club will begin at 3:15 and go until 3:50. The club will also have opportunities to participate in various runs. The first run will be on Friday September 6th in town for the Air Force Appreciation Day Parade (more information to come). Students can also earn shoe tokens for every 10 miles they run.

We will start our runs out at a mile and then gradually increase. Therefore, it is extremely important that your child attends both days. This will ensure that they build stamina for the longer runs. Please make sure this is something that your child has an interest in. Also, we love when parents run too!

If this is something that your child is interested in, please sign and return the permission slip as soon as possible to the front office. We will be excepting 30 students into the running club. Any students who turn in a form after the 30, will go on a waiting list.

Thank you!

Mrs. Lawson and Miss Vaughn

I allow _____ (child's name) to participate in running club.

Teacher's name _____

Parent name: _____

Parent phone number: _____

Parent phone email: _____

Will your child be picked up or walk home? _____